

GOLD MEMBERSHIP

Chiropractic or Acupuncture
4 Sessions (\$300 Value)

50 Minute Massage
1-50 Minute (\$90 Value)

Infrared Sauna Session
2 Sessions (\$80 Value)

Guided Meditation
2 Sessions (\$30 Value)

3 Month Commitment
\$350 per month*
(\$500 Value & 35% Discount)

6 Month Commitment
\$325 per month*
(\$500 Value & 35% Discount)

SILVER MEMBERSHIP

50 Minute Massage
1-50 Minute (\$90 Value)

Infrared Sauna Session
2 Sessions (\$80 Value)

Guided Meditation
2 Sessions (\$30 Value)

3 Month Commitment
\$140 per month*
(\$200 Value & 30% Discount)

6 Month Commitment
\$130 per month*
(\$200 Value & 35% Discount)

**Cannot carry over any services to the following month (please schedule accordingly)*

OTHER SERVICES OFFERED

Check out our monthly specials on our website at www.mindandspine.com

Massage

30-Min Massage: \$50
50-Min Massage: \$90
80-Min Massage: \$120
4 Pack 50-Min Massages: \$300
4 Pack 80-Min Massages: \$400

Lymphatic Massage

30-Min Lymphatic Massage: \$60
50-Min Lymphatic Massage: \$120*
**Includes Cupping & Dry Brush*
4 Pack 30-Min Lymphatic: \$200
4 Pack 50-Min Lymphatic: \$440

Balance Special

30-Min Lymphatic with Ionic Foot Bath: \$100
30-Min Reflexology with Ionic Foot Bath: \$100

(Add On For Lymphatic Massage)

Post-Surgical Scar Light Therapy

1 Session: \$15
3 Sessions: \$40

Ionic Foot Bath

30-Min: \$60

Infrared Sauna

1 30-Min: \$40
5 30-Min: \$150
10 30-Min: \$250

Microneedling

1 Session: \$250
3 Sessions: \$675
6 Sessions: \$1,200

Rejuvenation Station

LED Light Therapy
25-Min: \$60

Reiki

30-Min: \$60
50-Min: \$100

Microcurrent

15-Minutes: \$40

Reiki Massage

30-Min Reiki Massage: \$60
50-Min Reiki Massage: \$100*
**Includes Tuning Forks, Crystals & Aromatherapy*

Reflexology Massage

30-Min Reflexology Massage: \$60
50-Min Reflexology Massage: \$100*
**Includes Hot Towels & Aromatherapy*

Chiropractic & Acupuncture

All New Patient Visits: \$150
1 Visit: \$75
5 Visits: \$350
10 Visits: \$650

Cosmetic Facial Accupuncture

1 Session: \$150
3 Sessions: \$400
6 Sessions: \$725